

## Women's Support & Development Group

3 St Mary's Road, Tonbridge TN9 2LD  
01732 356630

**Fridays 10.30 –12.00**

This is a friendly group, led by female staff, where as women we share our experiences and ideas with each other



*A good friend is cheaper than therapy!*

FOR FURTHER INFORMATION CALL THE DAY SERVICES TEAM ON 01732 743902

[www.sevenoaksareamind.org.uk](http://www.sevenoaksareamind.org.uk)  
Reg Charity No.1044977  
Company Limited by Guarantee No.3026457

34 St John's Road  
Sevenoaks TN13 3LW  
Telephone: 01732 743 902

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